

News Letter

Brigstock with Stanion, Lowick and Sudborough

Sunday 30th August to Saturday 5th September 2026

Praise is good for our health!

This weekend we will be doing something a little different with our worship. We shall gather in the Education Hut at Fermyn Woods Country Park. A nice way to begin seeing out a warm (hot!), sunny summer. If it rains it might even feel good for a change, and we are under cover anyway! We will be singing hymns and songs selected by yourselves. Indeed, as I write it is just about possible to get your favourite one included. Let me know.

Why do we praise God? Do we help God feel good about *himself*? Probably not. It is perhaps just our human ego's that think like that. Perhaps we get heavenly reward card points as we worship? Unlikely, as the New Testament witness is that God's gifts are free. The benefits are much more about enhancing the way we live, and our own relationship with God. So why do we do it together, and does God care whether we do or we don't?

Well, Jesus said that whenever we gather in his name there he is also, slap bang in the middle of us (Matthew 18.20)! It seems more likely that God is pleased that we are gathering with a like mind, as a community. God is delighted to be present where we are building one another in faith together. His close friend John gives the context for the whole of his Gospel when he writes that God's love underscores everything (John 3.16). This means that God's desire for us is that we will choose eternal life, and express the joy which that brings. It is no wonder that God would be delighted when we demonstrate that we are looking beyond ourselves. That has to be good in preventing us from the depression that can come with too much introspection; or the disappointment that comes from thinking that what we see might be all that there is. And of course God has always wanted our lives to be fulfilling ones (e.g. Jeremiah 29).



I am convinced that it's the benefits of gathering together and looking beyond ourselves, that puts a smile on the 'face of God'. So, when we praise together; it's our well-being that matters. Praise and worship is actually good for us.

Go well.

Sunday Services



Sunday 30th August – Fifth Sunday 10.00 a.m. Songs of Praise at Fermyn Woods country Park – see details below.

Sunday 6th September 11.00 a.m. St Peters Stanion

Sunday 13th September 10.00 a.m. St Andrews Brigstock

Sunday 20th September 9.30 a.m. All Saints Sudborough
11.30 a.m. St Peters Stanion All Age Service

For further information and updates please visit our website www.harpersbrookanglicans.org.uk



On Sunday 30th August we are having a Songs of Praise in the Education Shelter at Fermyn Woods Country Park. If you intend to be present and would like to choose a Hymn/Song please let Alan Know. Sharing a few words on why you have chosen that particular hymn/song, would be well received too.

Collect Prayer for the Thirteenth Sunday after Trinity

Almighty God, who called your Church to bear witness that you were in Christ reconciling the world to yourself: help us to proclaim the good news of your love, that all who hear it may be drawn to you; through him who was lifted up on the cross, and reigns with you in the unity of the Holy Spirit, one God, now and for ever.

Post Communion Prayer

God our creator, you feed your children with the true manna, the living bread from heaven: let this holy food sustain us through our earthly pilgrimage until we come to that place where hunger and thirst are no more; through Jesus Christ our Lord.

Mid-Week Services

Thursday 3rd September 10.00 a.m. St Andrews Brigstock Holy Communion

➤ **This week's Mind:** Stewart Rae 2013, Elsie Johnson 1989

Notes

Rector: The Reverend Heather Lowe

Associate Minister (Church Army): Captain Alan Lowe,

Telephone: 07548 892020

heatherlowe020@btinternet.com

Address: 14 Willow Lane, Stanion, Northamptonshire, NN14 1DT

Reader & Safeguarding Officer – Jackie Makepeace

Telephone: 01832 358978

Churchwarden Contact telephone numbers:

Lowick – Jo Boyers 07542 555249

lowickchurchwarden@gmail.com

Sudborough – Jeremy Crouch 07990 651116

(Also Authorised Worship Leader for the Benefice)

Brigstock – Steve Sawford 07855 972268

s.sawford7@gmail.com

Stanion – David Lafferty 01536 200175

Benefice Administrator – Allison Porter email: beneficeoffice5@btinternet.com or telephone 01536 373509 or 07933 804432

Pastoral Visitors -

Jackie Makepeace

Telephone: 01832 358978

Carol Short & Julia Quatrone 07894 261164 please be prepared to leave a message

Benefice website: <https://www.harpersbrookanglicans.org.uk>



Ride and Stride Saturday 12th September.

You can Ride or Stride but this year Ride can include your car!

A fun day out while making money for St Andrews and Historic Churches Trust

Further details and sponsor forms from Steph Beckett
sbeckett13@yahoo.co.uk



SUNDAY LUNCH CLUB – 1st Sunday of the Month.

Sunday Lunch group meets monthly for good food and company for folk who would otherwise be eating dinner on their own. If you are interested, please contact Carol on the following number and leave your contact details 07894261164. If a lift is required it may be possible for people from the same locality to liaise with each other.

Church News and Dates for Your Diaries

St Peters Stanion

Stanion and Little Stanion Flower and Produce Show 2026

Coming soon

12th September 10am — 3 pm

Categories will include vegetables,
flowers, crafts and produce.



Entry Sheets highlighting the various categories
available from August 8th

Collect your Entry Sheets from:

The Rectory 14, Willow Lane Stanion
36, High Street Stanion

or download from:

www.harpersbrookanglicans.org.uk

St Peters Church Stanion and Little Stanion

WANTED - bottles for a bottle tombola. Please drop off at Kate's, 36 High Street, Stanion or The Rectory. Bottles may contain anything. They do not have to contain wine or alcohol. They may contain shower gel or shampoo or be an empty drinks bottle! So long as it's a bottle you are only limited by your imagination!!!

Also - donations of items for a Autumn/Harvest Hamper.



28th November – St Peters Christmas Tree Festival at St Peters church Stanion from 10.00 a.m. – 3.00 p.m.

St Andrews Brigstock



**AN EVENING OF
LIVE CLASSICAL,
JAZZ & FLAMENCO**

**WITH UKULELE VIRTUOSO
PAUL MANSELL**

PLUS VERY SPECIAL GUEST ANNE CLARK

FRIDAY 2ND OCT 2026 7 - 9PM
BRIGSTOCK CHURCH, NORTHAMPTON

TICKETS £15 EACH - (INCLUDING WINE & TAPAS)
CALL ALLISON 07933 804432
EMAIL BENEFICEOFFICE5@BTINTERNET.COM
OR VISIT PAULMANSELL.CO.UK/SHOP

SPECIAL GUEST ANNE CLARK IS A POET, SPOKEN WORD ARTIST, SINGER & SONGWRITER WHO REGULARLY PERFORMS TO SELL OUT VENUES ACROSS EUROPE





St Andrews Autumn Fair Saturday 28th November 10.00 a.m. to 1.00 p.m. There will be crafts, Tombola, raffle and much more including delicious refreshments.

St Peters Lowick

CHRISTMAS
in
Lowick

Featuring
The Tenor Joshua Daniel
and other guests

Friday 18th December
at
St Peters Church, Lowick.

 **Doors Open at 6pm**

 **Concert Starts at 6.30pm**

Tickets

Adult – £10 | Child – £5

 **Refreshments Included**

 **Raffle on the night**

♥ Raising Money for St Peters Church, Lowick.
A night of Christmas splendour with Carols and your favourite Christmas songs.
Come for a night to remember.

 **BOX OFFICE NOW OPEN!**
Scan the QR Code to book your tickets quickly and securely.



Bring your family and friends and celebrate the joy of Christmas with us!